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THE HUMAN ENERGY FIELD

The Mystery School
9-month mentoring programme.

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I.

REMINDER

The human being is an aggregate of an energy field which is connected to everything in existence. The theories we've previously seen such as the string theory, the theory of relativity and the wave/particle duality related to the "double slit experiments" of quantum theory, have demonstrated, if not proven, that the universe is one whole composed of two inter-connected fields which affect everything.

These two fields are the hologram field (non-local) and the holographic projection field (local).

The hologram field

The hologram (the non-local field) is also known as potentia. It's the energy-verse, the bubble of energy composed of strings, rings and empty space which surrounds the universe's physicality. It's composed of vibrating frequency waves which are the origin of everything, and it's where everything originates.

The holographic projection

The holographic projection (the local field) is that which we perceive as matter and which can be measured and touched. Human beings exist in both. In fact, every being and every cell has a non-local existence as well as a local one. The two affect and relate directly to each other.

A human being is part of the whole we call universe, a part limited in time and space. We experience ourselves, our thoughts and feelings as something separate from the rest, a kind of optical illusion of our consciousness.

As a whole, this extended organism is a spiritual bio-cosmic

legacy that invites us to enter the liquidity of a merged cell with the uncoding of a humanness that has not arrived yet. Invisible quantum waves are spreading out of each of us and interpenetrating into all organisms. Each of us has the waves of every organism entangled within us. Therefore, each of us is supported by the entire universe.

What we call a body is an open-ended expression of an ongoing universal process that is in constant flux arranging and re-arranging, experimenting as new formations come into existence.

We know that all of existence is made of frequencies vibrating. Our beings are formed of frequencies which are combined together. Some beings manifest with consciousness, they are human beings and animals. We are a combination of energy patterns and frequency patterns arranged in a specific way at a specific time and space to respond to a specific context or environment.

As conscious beings, we manifest as such using a combination of energy patterns and frequency patterns arranged in a specific way at a specific time and within a specific space to respond to a specific context or environment.

Each organism is an entity which is not confined within the physical body, therefore it cannot be seen or measured. It happens to exist where the wave-function is denser.

2.

THE HUMAN ENERGY FIELD

Every being is composed of two parts, a consciousness and a physicality. For the human energy field, it's crucial that the two can connect and work in a way that allows us to achieve our optimum experience on earth.

This module aims to map out the human energetic structures in a way that can allow us to achieve a most complete theoretical understanding of them. The information in this section comes from my six years of mentoring with Arizona-based Sexual Shaman Kenneth Ray Stubbs. I've chosen to select and present the concepts that I resonated with the most and those that I found most relevant for this program. For reference, K Stubbs has been working in the field of tantra and energy work since 1965 and has published various books, some of them best-sellers, which are now widely used in training programmes across the world.

Stubbs' theories emerged mainly from direct downloads, as well as experiments with students and workshop participants. The information he receives is then confirmed with the use of pendulum dowsing and divination and then it's double-confirmed with the help of his dowsing mentor.

These methods may resonate with you and they may also challenge conceptualisations that are fundamental to you. For that reason I invite you to decide which resonate by tuning into how these feel in your body and then flow with those vibrations.

3.

HUMAN ENERGETIC STRUCTURES

As we've previously seen, the human being, like all of existence, is made of energy, specifically that of frequencies. To continue with those teachings, we'll now look deeper into these theories.

The most fundamental form of any human being is its individual frequency which can be visualised as a small line of energy. Individual frequencies combine to create energy patterns. They combine together to generate energy and become part of the energy pattern. The energy pattern can be visualised as a line with a wave going across it.

Frequency patterns then evolve into energy vortices which are known as energetic patterns. When these energy patterns and frequency patterns gain intensity and reach their maximum formation, i.e. when they are 100% condensed, they become energetic structures. When an energetic structure is fully functional, it becomes an energetic ability.

Our human form is composed of a collection of energetic structures and abilities combined with other energetic structures and abilities.

The human being is known to be a 10-bodied being and contains within it a set of 20 energetic structures which are explained further in the rest of this module. To exist at our fullest potential, we have to develop these 20 structures throughout our life. Though unfortunately, most of us do so only to a limited extent. While on average, most of us function with only eight structures developed, we are able to develop the other 12 structures as we become aware of them and engage directly with them in deep practice.

The development of these energetic structures is crucial for

developing the ability to reach oneness and unless these are developed, the being will only be able to reach oneness through the orgasm. The development of these structures allows us to function energetically in similar ways to the likes of the great buddhist lamas and rinpoches, allowing us to live a fuller life that's more connected to our own creativity and our highest potential. Being in oneness allows us to be all we can be from a physical, emotional, energetic and spiritual point of view.

Our being's energetic structures perceive the unseen energetic patterns behind everything, from an object, a symbol, a thought or other types of information that's accessible. Our brain has the ability to jump in and translate this information into something we can understand cognitively. The invitation here is to keep our focus on the energetic frequency of the element to further develop our abilities to engage with transmissions, both as a receiver and as a transmitter.

4.

THE 20 HUMAN ENERGETIC STRUCTURES

The eight structures every human being is born with are the following:

- 1- Physical body
- 2- Light body
- 3- Spirit body
- 4- Soul body
- 5- Resonating body
- 6- Wisdom body
- 7- Energy body
- 8- Embodying energetic structure

Through practice, we can develop the 12 others which are the following:

- 9- The self
- 10- The shamanic infrastructure
- 11- The double
- 12- The source point
- 13- The emanation processing body
- 14- Intensity body: kundalini
- 15- Energetic patterns body
- 16- Skeletal energetic structure
- 17- Muscular energetic structure
- 18- Nervous energetic structure
- 19- Biological synthesis
- 20- Cellular / nuclear energetic structure

If we want to grow spiritually in a significant way, the energetic structures need to be amplified and the energetic abilities need to be energised. We also need to increase the intensity of our individual frequencies, frequency patterns and energetic patterns.

Two questions arise which aim to be answered by this module:

- 1- What is the highest energetic development available to the human being?
- 2- How do we reach it?

5.

THE RAINBOW BODY: THE HIGHEST ENERGETIC DEVELOPMENT AVAILABLE TO HUMANS

In buddhism, the highest attainment of spirituality is the embodiment of the rainbow body; the most powerful energetic structure available to humans. It's seen as a sphere-shaped structure and people who have been able to reach very high levels of development, dissolve into it after death. These people would usually include rinpoches, lamas and buddhist monks and so on.

Stubbs theorises that this structure can also be made available to us in our alive form. Again, it appears as a sphere-shaped structure which we can develop with the help of the right tools and practices. Having access to the rainbow body doesn't equate with reaching enlightenment, but rather it means that we have access to the highest possible field of undifferentiated white light which can manifest in terms of information and knowledge available for our beings to use.

Structurally, it's a vortex sphere. A vortex is an interface that allows us to access the undifferentiated primordial essence of our existence; the field of pure light. Its function is to transform and generate pure energy for our fifth energetic plane, which is the usable source energy accessible to all beings. Source energy is our system of pure energy fused with all the possible frequencies of existence, all the possible frequency patterns of existence and all the possible energetic patterns of existence.

As we saw earlier, we are born with energetic structures available to us. While our spiritual path is to develop them, unfortunately, many of us do so in a limited way. We are made of 20 energetic structures which are embodied within a physical organism, inherent to our core being. The rainbow

body is the 21st structure.

We've also seen that the human being is made of two units which work together to function. The organism is the physicality and the being is the spirituality. When a human has a functioning rainbow body, the two units become one integrated unit.

We go through life in direct engagement with the highest forces of energy which are available to humans.

6.

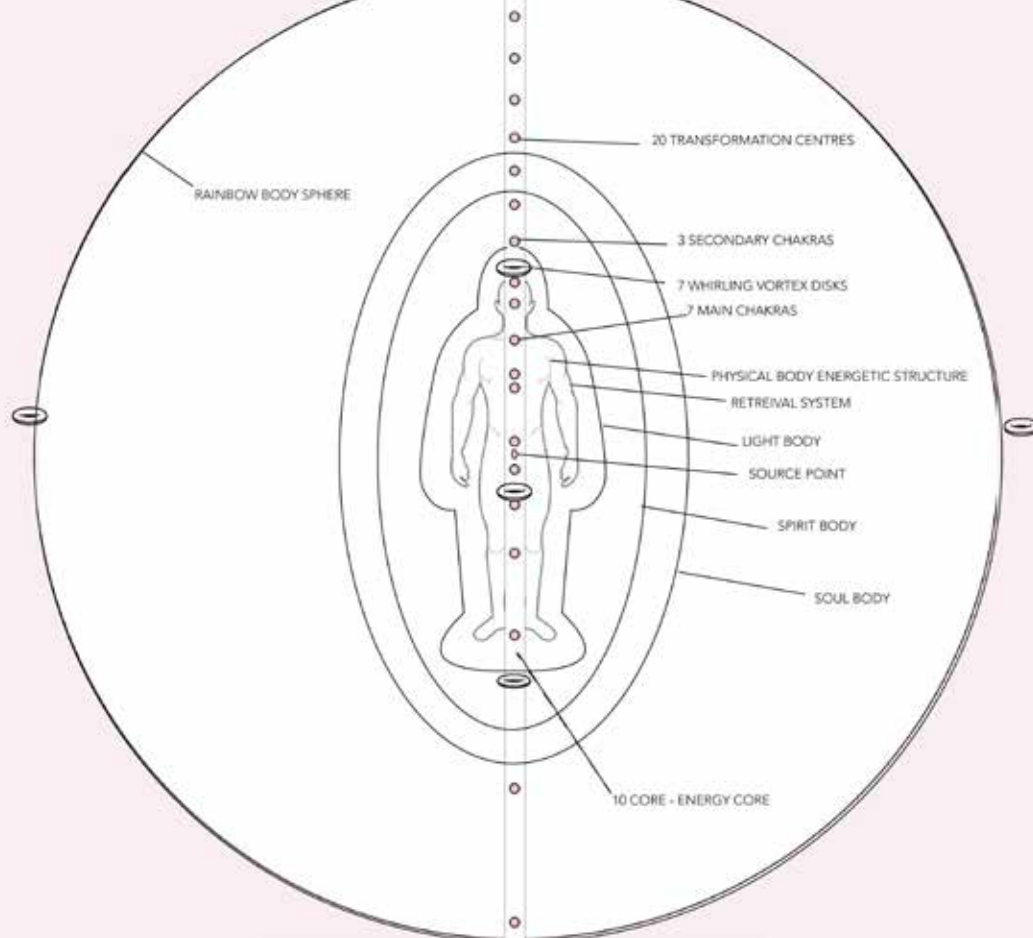
HOW DO WE REACH OUR HIGHEST ENERGETIC DEVELOPMENT AS HUMANS?

According to Stubbs, some people are born with active rainbow bodies simply because they had developed them various times in past incarnations. They may have also been born with one simply because it was part of their journey, in this incarnation, to be a rainbow body on earth. This could include, for example, people who were selected at their birth to be rinpoches or lamas in the buddhist tradition.

For the rest of us, the journey to the rainbow body is accessible but can vary in intensity and rigour depending on the development we have reached in previous lifetimes or even in this lifetime. The rainbow body usually develops by continuous exposure to the energy of oneness (elemental energy), which can be achieved in various ways.

For instance, Stubbs speaks of the fact that his own journey to the rainbow body began when he had repeated sex with a woman who had developed a rainbow body in previous incarnations. This allowed his being to understand the destination and to draw the journey to achieving it. Following this, he was guided to sit with highly developed teachers, rinpoches and lamas, including the Dalai Lama. This allowed him to have continuous access to the energy of oneness. He would visit sacred sites, vortex sites, energy power spots and was also guided to lie every night, for an hour, staring at the starry desert sky and intending to merge entirely with everything in existence, all of oneness. Over his years of continued practice, teachings and delivering energy workshops, he was able to develop for himself a rainbow body. With time he then developed the ability to support his students, like myself and others, in developing one as well.

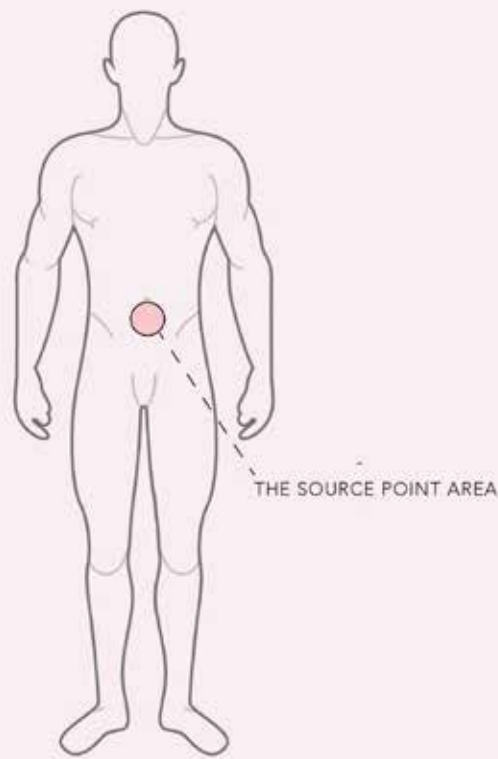
It's my experience that each human being can draw his/her own personal journey to the rainbow body, beginning by first acknowledging it as a possibility and then by simply waiting for the opportunities to arise and invitations along our journeys, in order to be guided towards this development.



7.

THE RAINBOW BODY AND OUR INTRINSIC ENERGETIC STRUCTURES

- 1- THE SOURCE POINT
- 2- THE ENERGY CORE
- 3- THE 10 CHAKRAS - 7 MAIN CHAKRAS + 3 SECONDARY CHAKRAS
- 4- THE WHIRLING VORTEX DISKS
- 5- THE 20 TRANSFORMATION CENTRES
- 6- THE LIGHT BODY
- 7- THE RETRIEVAL SYSTEM
- 8- THE SPIRIT BODY
- 9- THE SOUL BODY
- 10- THE RAINBOW BODY SPHERE



7.1. THE SOURCE POINT

The source point is the most important energetic structure which serves as a tool for developing other energetic structures and for generally developing ourselves energetically.

The source point is an intent intensifier and its energetic structure is located in the navel area. It can be found about 3-4 finger widths beneath the navel and half way into the depth of the body. It's oval-shaped and the size of a green pea. It's an energetic structure not a physical one, so it will not be found in x-rays. Unlike the seven main chakras (discussed further below), it's not related to a physical part of the human body.

The source point intensifies the speed of an energetic pattern. An energetic pattern is formed of various energetic frequencies which come together as they develop.

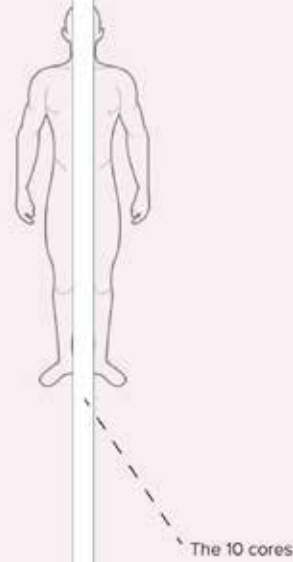
Concentrating on the source point intentionally is key to our own energetic development.

In other philosophies and practices, this area is often associated with the tan t'ien. When beginning to explore the source point it can be easy to confuse the two and believe they are the same. The source point is a completely separate energetic structure to the tan t'ien. While the source point intensifies energetic structures, the tan t'ien distributes energy throughout the light body.

Source point processing is the single most powerful factor for achieving transformation, leading us to oneness and spiritual growth.

The source point can be seen as a microcosm of the macrocosm. It can be seen as a structure in our body that allows us to access more energy by tuning into the greater field which encompasses all the energy available in the entire universe.

The source point is also a key element to what is considered transformative meditation, a process which generates more energy to develop our energetic structures. The source point is one of the 12 structures which need to be developed. When it's developed, it allows us to temporarily function with light energy and transformation energy.



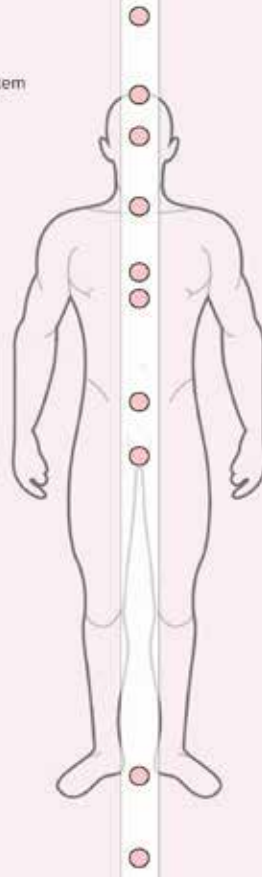
7.2.

THE 10-CORE SYSTEM - THE ENERGY CORE

The 10-core system, also known as the energy core, is made of 10 strands which form a tube of white light measuring approximately 8cm in diameter.

It runs along the centre of our body and begins 1.5m above the top of our head and ends 1.5m below our feet. Its function is to allow our body to have access to higher energies from the realm of undifferentiated light, which we also call the source field.

The 10 chakras
and the 10 core system



7.3

THE 10-CORE SYSTEM - THE ENERGY CORE

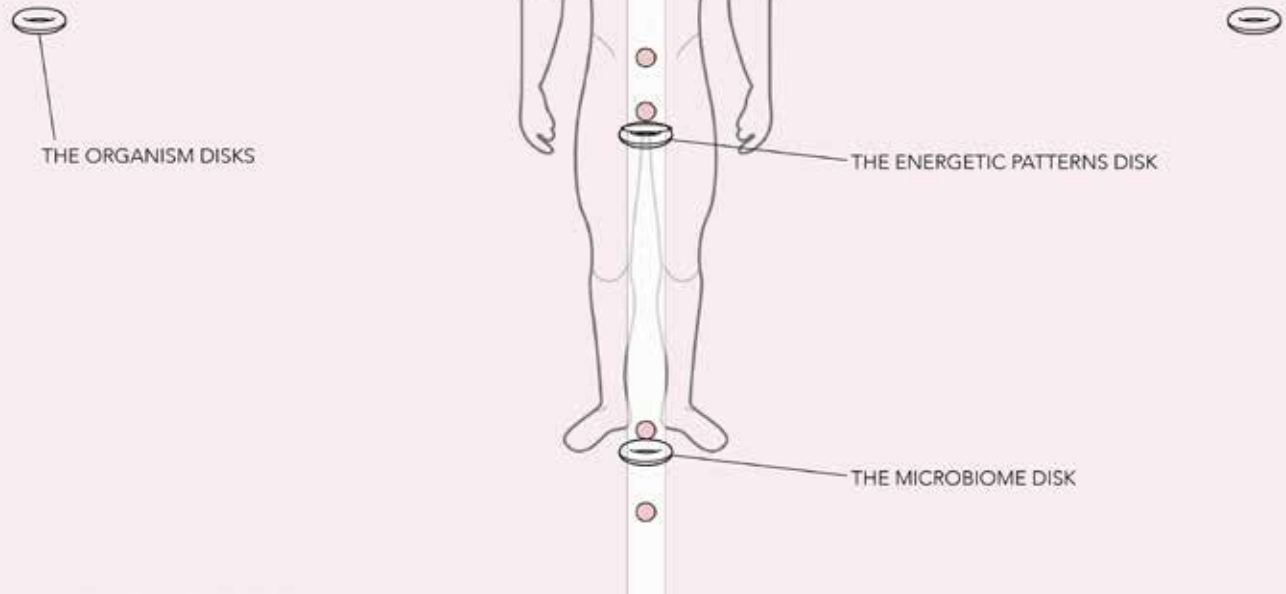
The chakra system is the most popular and commonly discussed energetic structure in spiritual practices. There are seven main chakras located within our physical body and three secondary chakras located above and below our physical body.

Chakras are energy patterns which originally take the shape of a whirling vortex cone. As they develop, some of them will take the shape of two or three vortex cones. The chakras are, in a way, the digestion system for the other energetic structures.

As these relate to our physical body, their main function is to transform and transmute physical energy into other forms of energy for the other energetic structures to use.

Each chakra is capable of having an orgasm. The chakra orgasms can be experienced as electricity exploding out of the specific chakra.

THE 10-CORE - ENERGY CORE
THE 10 CHAKRA SYSTEM
THE 7 WHIRLING VORTEX DISKS



7.4 WHIRLING VORTEX DISK

A vortex is an interface which serves as a bridge between the physical human body and the field of undifferentiated light which is the essence of all existence. These can take many forms, such as cones (chakras) or whirling disks. There are seven whirling vortex disks which are part of the human energetic system. Each of these is in the shape of a torus and transforms and generates pure energy to be used by a different part of our being.

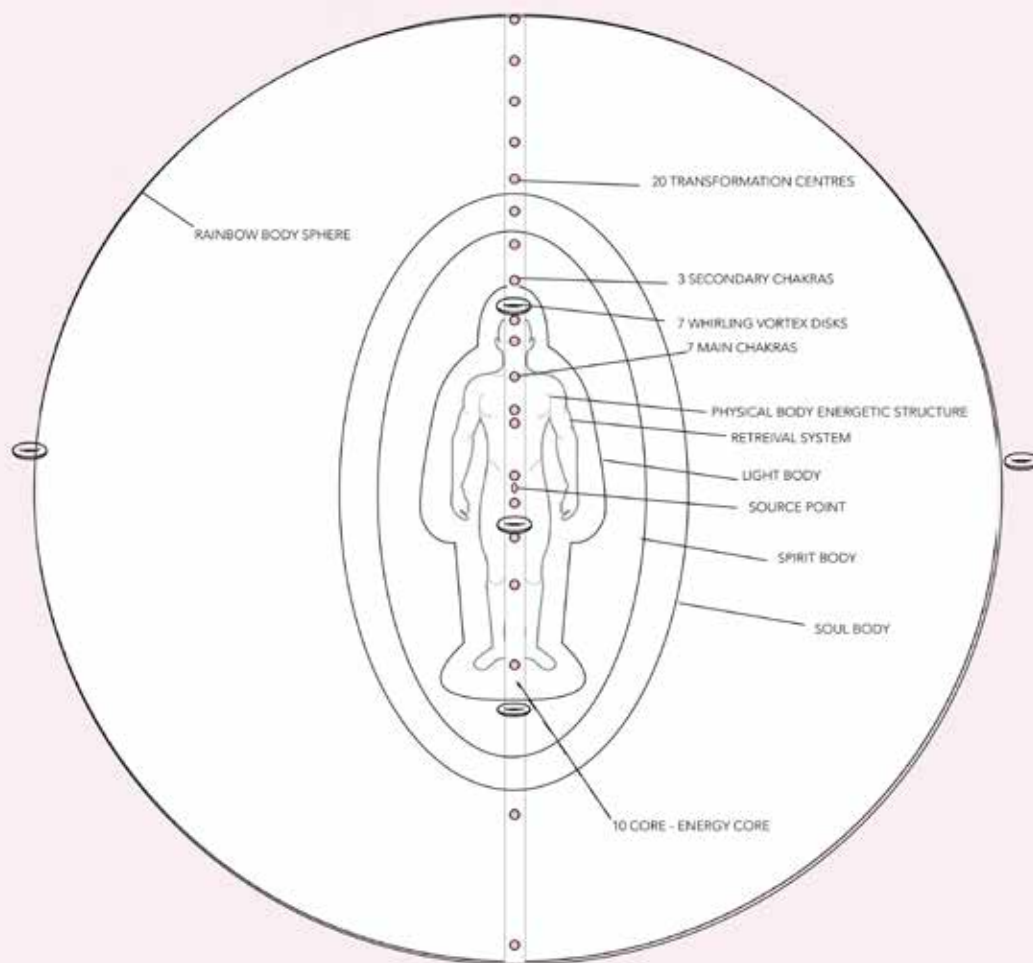
The Oneness Disk is near the top along the energy core - it relates to all the energetic patterns that are available to us in the field of oneness.

The Energetic Patterns Disk is near the centre, along the energy core. It relates to anything that is exterior to each of

our energy fields.

The Microbiome Disk is near the bottom of the pure energy core. It relates to all of the microbiota in and on our organism.

The Organism Disks are the last 4 disks which are located just outside the rainbow body sphere. They relate to our organism's system of atoms, molecules and cells.



7.5

20 TRANSFORMATION CENTRES

The transformation centres are whirling vortex spheres which exist across the central line of the 10 core system. The 20 transformation centres allow the energy to go up and down the 10 core strand.

As the energy goes up and down, the two whirling vortex disks transfer the energy into patterns that the human organism can use. The solar plexus makes these energy patterns available to the human system.

The 20 transformation centres are found in the following locations:

1. BOTTOM END OF ENERGY FIELD
2. HALFWAY BETWEEN THERE AND BOTTOM OF FEET

3. BOTTOM OF FEET
4. KNEES
5. MID THIGH
6. PIRENUEM
7. HALF WAY BETWEEN THE SOURCE POINT AND THE PERINEUM
8. SOURCE POINT
9. HEART
10. THROAT
11. THIRD EYE
12. TOP OF HEAD
13. 8 more transformation centres are found above the head.

7.6.

THE LIGHT BODY

Our light body is an energetic structure which is the same shape as our physical body, but it expands beyond it. The light body will run through the physical body, generally through our body's energetic system composed of meridians and energy lines. The size of the light body will vary from person to person, but usually expands about 30cm around the physical body.

We've seen that our physical body is essentially an amalgamation of energy frequency waves that unite together and create patterns which will eventually solidify into form on a local time/space reality, creating our solid form.

The light body is the blueprint for this physical body, the same way that an architect creates plans for a house or a bridge to be built. It can be seen as the energetic version of the body, before it comes into solid form. Working with the light body means we are generally working in a more intrinsic way, connecting more deeply into the origins of who we are. It's therefore the part of our field that allows us to begin to connect to the field of oneness and our source field. I see it as the part of that greater field which gets expressed through me, which is mine to resource from, and to use in this existence.

The occurrences or situations which take place in our environment will impact our physical form and likewise will also impact our energetic form, i.e. the light body. For instance, someone who may have experienced a significant shock or trauma will experience the impact of it in their physical body through pains, tightness, compression. They might even find themselves physically paralysed. This physiological impact will also translate to a suppression or

contraction of the frequencies in our energetic field. Working with the light body allows our being to have access to more energy in order to resolve some of these suppression and contraction issues.

This work becomes a highly efficient way to resolve issues which emerge in our physical form, as we engage with them in a much more intrinsic and fundamental way. By going into the energetic dimension of a distortion, for instance, we can allow transformation and resolution of it to take place.

The light body then becomes an important system for us to resource our transformative power which expands beyond what we normally understand and the range of powers and capabilities we might normally be limited by. Remember how the ancient civilisations used orgies and orgasms so that humans could expand their abilities and reach more supernatural ones. One of the purposes of the light body is its ability to allow us to access these super human powers that are intrinsic to our being.

As the light body moves through our physical body, through our extensive network of meridians and nadis, it carries our life force's pure light energy. The light body also relates to the sphere of light, or egg of light which can expand from our navel area in order to encompass our entire body. We can sometimes experience it expanding well beyond our physical body where it begins to interact with others.

It's possible for us to have an orgasm with our light body. This is called a light body orgasm. The light body orgasm can include genital stimulation and what we normally refer to as "sexual energy" or not. In the version that includes sexual energy, we will awaken energy in our sexual centres

and perhaps using the traditional multi-orgasmic ejaculation retention methods, we will find ourselves able to circulate this potent energy across our energy system and then expand it beyond our physical body into the space around us, our light body.

This practice can become useful in order to gain more energetic abilities to transform various areas of our lives. Eventually, once we've developed these abilities and transformed our lives sufficiently, we can also support the transformation of other people's lives as well.

The version of the light body orgasm that doesn't use sexual energy involves a powerful energetic process, usually energetic transmission, in which the body engages in spontaneous and involuntary movements, ripples, waves and undulations, sometimes even uncontrollable spasms. These can occur as a result of us following a specific practice or sequence, or can happen completely spontaneously as a result of being exposed to a strong energetic transmission.

In annexe to this module, I've included a chapter of my book, *Sacred Orgies*, in which I describe an experience which happened to me in Thailand in 2014. The experience is what I would qualify as a spontaneous light body orgasm.

7.7.

THE RETRIEVAL SYSTEM

The retrieval system is a very fine and subtle system which lies between the physical body and the light body. The retrieval system is about 2cm (1 inch) thick and begins 1cm below the skin layer and extends to 1cm outside of the skin layer. Just like the light body, it takes the shape of the physical body.

Its main function is to store information in the form of energetic codes, which our system can then engage with and retrieve as needed. I find it important to consider the retrieval system as a gateway to accessing the light body when we begin to expand beyond the physical body.

The retrieval system uses physical energy transformed by the chakras to codify the informational aspect, allowing the emotional and mental energies to flow freely. The system can access and retrieve the information if the energetic suppression or blocks do not interfere.

We are also able to have orgasms with the retrieval system. As this system is much more subtle, the orgasm will be subtle as well. The retrieval system orgasm is characterised by soft pleasurable waves flowing throughout the whole body, achieving pure pleasure in almost stillness.

7.8

THE SPIRIT BODY

The spirit body is an oval-shaped energetic system that expands beyond the light body. The spirit body stores the primordial or elemental energy which hasn't yet been transformed to be used by the system. For instance, if a being receives access to an energetic transmission through visiting a sacred site, through transmission from a teacher or guide, or from an orgasm, that energy will normally be transformed and used by certain energetic structures. When energy has not yet been transformed for use, it gets suspended and stored in the spirit body. It's important to note that this energy transmission is not an energy received from outside the being which then enters the being. Rather, that being, in the presence of such energy, awakens that primordial or elemental energy within our own body. It can then be transformed and used.

The spirit body also works with emotional energy which sometimes stays stuck in the retrieval system. The retrieval system will extract the informational aspect of an experience and some emotional energy will remain attached to the mental part of the experience. This relates to what is considered in buddhism and tantra as "attachments". In the process of having an orgasm, it's the spirit body, working with the light body, which unsticks some of these emotions. This is why some of us experience powerful emotional releases which often include crying when we experience an orgasm. This can happen especially with the right guide or practitioner involved. Therefore, the more intense the orgasm, the more intense the release. And sometimes there are a series of orgasms involved in the clearing of a specific emotional block or attachment and it's at the last orgasm that the clearing happens.

7.9

THE SOUL BODY

The soul body structure is a cocoon-like energy field that exists beyond the spirit body.

It's also linked to the energy core which cuts down the centre of it, from the crown of the head down to the perineum.

As the energy core flares out at both ends, the shape of the soul body is affected, taking the form of a torus shape, which we saw in the previous module. The torus shape is like an apple, with a dent at the top where the crown is and a dent at the bottom where the perineum is. The torus shape is found everywhere in our universe. It's the shape of our actual universe, of our heart's electromagnetic field and of the electromagnetic field of the earth. It's a shape often found in nature, like in fruits and vegetables.

Most significantly, it's a shape which is found in the development of the embryo.

The embryo reaches the torus shape at the end of the developmental process of mitosis. At this moment, it's the last time that every human being is the same.

In that moment, each of us, as a being, embodies the shape of the oneness of everything in the universe.

A way of practicing working with the soul body is to practice connecting to the embryonic shapes still intrinsic in our being which we have seen in module 4.

We are also able to have an orgasm with the soul body. What I call a soul body orgasm is the highest attainment of the orgasm on this journey to our highest orgasmic potential.

It's the orgasm which allows us to dissolve into oneness with everything in existence. It is everything. The experience of the soul orgasm is specifically about feeling the dissolution into complete oneness with everything around us and

everything in awareness. Unlike other types of orgasms, it cannot be induced. It's completely involuntary and needs to happen when it's meant to happen.

The soul body orgasm is an experience of pure oneness. Any attempt to describe oneness any further would fall short of it.

7.10

THE RAINBOW BODY WHIRLING VORTEX SPHERE

As mentioned earlier, the rainbow body is the 21st energetic structure which encompasses all of the others. It's the highest attainment of energetic development, usually portrayed as a rainbow sphere into which highly developed beings dissolve at death. The rainbow body is available for us to achieve and embody as humans in our living incarnation. We reach this development by being continuously exposed to energetic transmissions of the energy of oneness, that is, the field of our source, in a focused and progressive way.

The rainbow body development is achieved when we have fully developed all of the other 20 energetic structures described in this module.

Again, the rainbow body does not equate to enlightenment. Rather it means we have a continued and constant access to all of the energy of the universe for us to use in response to the situations as we experience them in our daily existence.



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