

M8/I8

Module 8

Energy merging & the eternal orgasm.

The Mystery School of orgasmic shamanism.



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1- What is energy merging?

As seen in module seven, the objective of the energetic development presented in this course is to develop our vibratory knowingness, so that it expands to its fullest potential. A being that would have all the vibratory knowingness of all the beings of the entire world is a being we would refer to as God.

The more knowingness we develop, the more we can function in primary and intrinsic planes. The ability to function in more primary planes allows us to enable change in a more primordial and sustainable way.

This module deepens the exploration of a practice you are already familiar with that's fundamental for achieving this development, That is, the practice of energetic merging.

Energy merging is a powerful and straightforward practice: we simply intend to become one energetically with another being. When this happens, we begin to vibrate energetically like the other being. We perceive the energetic patterns of the other person, after which our being will essentially add the other being's energetic patterns to our own. This is how our library of vibratory beingness grows. The trick is that while anyone can theoretically intend to be one energetically with something, the actual capacity to be one energetically with another system is not something everyone is born with. It is something we develop through a process of energetic development and it is the main part of the energetic development we are experiencing in this course.

Defining vibration:

Since everything is energy, every being is a field of frequencies that unite to create a pattern that moves, vibrates and oscillates. Vibration is the rhythm at which the frequencies oscillate, that is, move together to form a system.

Vibration makes a specific pattern manifest into one form, while a different vibration will manifest frequencies into another form. Beings that have consciousness can intend. As intentional beings, we can intend to vibrate like another system.

When we merge energetically with another system, it means our being is intending to vibrate like it and to "be one with it."

When merging happens, the energetic abilities available to one are available to both systems for the time of the merge. The more time two systems spend merging together, the more they can access the same level of abilities. After a certain length of time in the merging process, the capabilities become a permanent part of our energetic blueprint; our library of vibratory knowingness.

The more we merge energetically, the more our vibratory knowingness increases.

The more we develop our energetic abilities, the more we can vibrate like more beings. The knowledge being is the being that has access to all the vibratory patterns in existence. As a result it has more power and capability for intention and manifestation beyond any being.

The more we develop our vibratory knowingness, the more we can function in other dimensions and as a result, transform ourselves and support the transformation of others.

When we talk about energetic merging, concerns might arise relating to what is considered energetic “draining.”

People who generally identify as empaths often become concerned that they feel drained when they connect energetically with others, as if others are “sucking” their energy. In these cases, they will often resort to energetic protection and shielding methods to keep their field clear of draining energies, or what we often refer to as “negative” energies, from entering their field.

This is different from what we discuss in this module. An empath will lose their energetic patterns to take on another person’s energetic patterns. In the case of the merging that we’re exploring here, the invitation is to keep our own patterns while adding on those of others.

The more energetically developed we become, the more capable we are of remaining grounded in our own frequency and be able to support the transmutation of other energies we engage with. Then so-called “negative” energies can come into alignment. Therefore, methods of energetic protection become less necessary when we develop more abilities. I generally see these dense energies as a reflection of the parts of my own being that are still dense and that are ready to be transmuted.

Being in touch with these energies is, for me, an invitation to develop myself energetically in new ways.

2- How do we merge energetically?

2.1- Through the orgasm

The most common route to merging energetically as humans is through the orgasm. When orgasm occurs, whoever is involved in the exchange, merges energetically together. If a person has an orgasm on their own, they will automatically merge energies with anyone within their field of awareness. Energetic merging is one of the three things that automatically happen when we have an orgasm.

Reminder:

When we have an orgasm we:

- 1- Become one energetically with anyone involved or anyone in our field of awareness
- 2- Gain access to more primordial planes and types of energy.
- 3- Get access to more energy

It's important to note that the definition of the orgasm in this course expands well beyond our common cultural ideas.

In the 1960s, the duo of scientists Masters and Johnson, published a revolutionary study on human sexual responses in which they defined the orgasm as a physiological occurrence that principally involves contractions in the pelvic floor muscles. Since then, we have mainly referred to the orgasm as a physiological occurrence, relating primarily to ejaculation and increased heart rate and so on. The work of Mantak Chia, especially with his 1990's book "The multi-orgasmic man," was revolutionary as it invited western men to begin exploring the orgasm beyond ejaculation.

When a physiological orgasm occurs, what is called an energetic orgasm occurs automatically as well. The great news is that once we separate the energetic orgasm from the ejaculation, we begin our journey to expand our experience of orgasms so we can have them at various times beyond the average sexual experience. Generally, the average man spends ten seconds in orgasm—the average woman 20 seconds. By understanding the orgasm as an energetic occurrence, we could technically be in orgasm 24 hours a day, seven days a week.

2.1.2- Redefining the orgasm

I define the orgasm in the following way:

The orgasm is a spontaneous occurrence expressed in our being, managed by the autonomic nervous system, that occurs as a result of a sexual act, with other(s) or alone.

I also define sexual act in the following way:

A sexual act is an act in which a being has access to more intrinsic and primary types of energy, either with themselves or with another being. The other being can be an elemental form, a being that doesn't have a consciousness, such as an element of nature, as well as a human being, which does have a consciousness.

When we begin to see sexuality this way, we genuinely experience its intrinsic nature and its importance on our growth and development. What we generally define as sexuality is simply a genital sexual act of physiological connection.

Sexuality is an energetic act.

Energetic merging becomes a sexual act and the practice of “orgasming” becomes a practice of energetic merging.

We've seen previously that Kenneth Ray Stubbs spoke about our ability to have orgasms with four different bodies: the physical body, the light body, the soul body and the spirit body. In 1991, he wrote a revolutionary book on this topic named “Sacred Orgasms.” I would highly recommend reading this book for further information. .

I've explored six different types of orgasms in my own practice, which form the journey to the fullest orgasmic potential. These six types of orgasms relate to the six levels of energy density that refer to the energy planes we've seen in the previous module.

2.1.2.1- The live energy orgasm

The live energy orgasm is similar to the physical body orgasm. It's what we usually refer to as an orgasm in our general culture.

2.1.2.2- The elemental energy orgasm

Elemental energy orgasms are what I refer to as a full-body orgasm. These expand beyond the genital area and begin to engage the meridian system to work more intrinsically and in a more integrated way to help us harness the power of the orgasm.

Physiologically, we experience tingling and intense sensations across the entire physical body.

2.1.2.3- The light energy orgasm

The light energy orgasm is the next type of orgasm. It moves beyond the sexual centres and even beyond the physical body. Our sexual energy begins to engage with our energetic structures, such as the energy core and the source point.

Physiologically, it's experienced as spontaneous and apparently involuntary ripples moving across the body. We also begin to experience our physical form transmuting, that is, it becomes less dense. That's when we then experience the space around us transmuting to be more potent and supportive.

This orgasm can involve genital activity but it can also occur without it. It's generally the result of some type of practice, either genital stimulation on its own or other breath, movement and touch techniques such as the ones we do in this course. There are specific practices, such as some we have seen in our training, which support this type of orgasm.

2.1.2.4- The life force energy orgasm

Similar to the light energy orgasm, the life force energy orgasm is also a spontaneous, energetic occurrence that can include genital activity or not. While the light energy orgasm focuses more on our engagement to the outer world and how we engage with the space around us, in the life force energy orgasm, our energy turns inwards and harnesses itself. The potency of the orgasm then increases internally. It's so much so that it eventually radiates outwards into the world. Its release is effortless and continues to happen while our focus remains inwards.

There are specific elements of practice we use which allow us to generate this type of orgasm. These can involve genital stimulation or not. This is the last type of orgasm in which masculine and feminine energies are differentiated. From here onwards, the orgasm holds a certain neutrality in which the polarised energies are merged into one. In the life-force energy orgasm, we also begin to experience death/birth at an energetic level in our being.

2.1.2.5- The source energy orgasm

The source energy orgasm relates to an expression of spontaneous and involuntary movements that occurs when we come into contact with energy fields that vibrate at the frequency of source or more intrinsic than source (i.e., pure energy). This can include the fields of sacred sites, energy power spots, teachers, rinpoches and shamans. The way it manifests in the body and being can feel similar to the light energy orgasm or the life force energy orgasm. However, it happens only by merging energies with a highly developed person, being or site.

As we develop energetically, we can support others in engaging in source energy orgasms simply by focusing on them.

We can do this easily, by simply lying down and doing nothing, as long as we are connected to this field of intensified energy. Through this method, we can naturally and spontaneously express spontaneous micro-movements and movements such as ripples, twitches, waves, convulsions etc. This is what I refer to as a source energy orgasm. You may also remember the story I shared about my temple visit Bangkok where I'd later experienced something similar. This too can be considered a source energy orgasm.

We can also experience these qualities when we're together in our group sessions. They too qualify as source energy orgasms.

2.1.2.6- Pure energy orgasm

The pure energy orgasm is similar to what I previously referred to as a soul-body orgasm. It's a spontaneous occurrence in which people feel they are dissolving into oneness with everything in existence. It's unique because it's the only one of the six types of orgasms that aren't the result of any practice or focus on anything external. I've experienced the pure energy orgasm twice in my life and understood it as something entirely out of my control and it happens when it's meant to happen. It finds us when we're meant to experience it. It can happen as a result of having done deep personal work for extended periods of time. By continuing to experience the practices from this course, for instance, a pure energy orgasm can likely take place.

This way of defining the orgasm offers us a road map to understanding how the orgasm can evolve into an experience that can be our highest spiritual practice. The practice of achieving multiple orgasms, such as the one presented by Mantak Chia, is necessary to begin to move from the live energy orgasm into the elemental energy and light energy orgasms. The other practices we use can help us move further towards the other types of orgasms.

The healing power of orgasms

In summary, the orgasm is an occurrence in which beings have access to more intrinsic energies, either alone, with another, or even with an elemental form in non-human beings.

We merge energies with the other or with a greater field which means we grow energetically. When we hold a certain level of energetic development, such as the one supported by this programme, our orgasms can then be used as a tool for supporting the healing and transformation of others.

2.2- Energetic merging: practices of focused intention

While energetic merging takes place when we have orgasms such as the ones described in the previous module, there are also ways that we can intentionally merge energetically with others to support a process of transformation and healing.

These simple practices require us to use our focus, perception, concentration, intention and energetic abilities. These are much more beneficial and yield much better results when one has reached a certain level of energetic development.

A little reminder from previous modules:

The more developed we are, the more we have the ability to merge with more beings since our library of vibratory knowingness is larger.

Remember, the knowledge being is the being that has access to all the vibratory patterns in existence. It's the closest thing to God. It has more power and capability for intention and manifestation than any other being. In energetic merging, our abilities become available to others. The more time they spend in connection to us, the more these become permanent for them.

Energetic merging practices, therefore, have two roles. One is for helping us to develop energetically, as we focus on fields of more intrinsic energy while the other is to support the healing and transformation of others.

Practices of energetic merging

There are five methods for energetic merging which can be used in a focused way. They are the following:

1. The source point method
2. The horizontal tube of light method
3. The diagonal tube of light method
4. The egg of white light method
5. The dissolving being method

2.2.1- The source point method

Focus on the other person via the source point.

The source point is the tiny point the size of a pea located 3-4 fingers underneath the navel and halfway into the depth of the body.

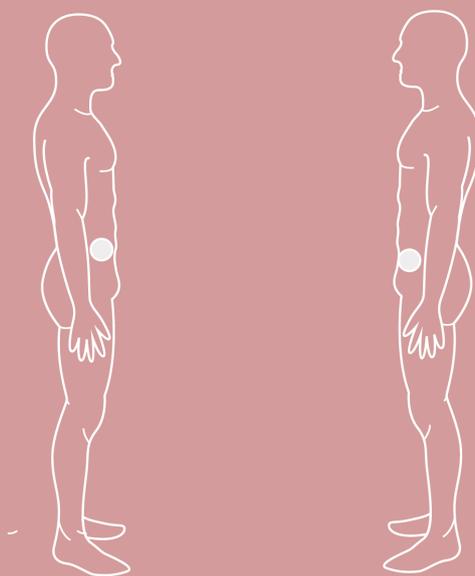
Here we engage with whatever we are merging with as if we see it through the eye of the source point.

When learning to merge, I recommend that you use a specific breath combination to help keep the focus on the element, as staying focused can be a challenge, especially in an overly distracted life.

In the source point method, I recommend the following related breath:

The Luna Breath.

The luna breath from continuum movement is done by closing the mouth and exhaling softly from the back of the throat. As I exhale I bring my awareness to the space between my soft palate and the nostrils.



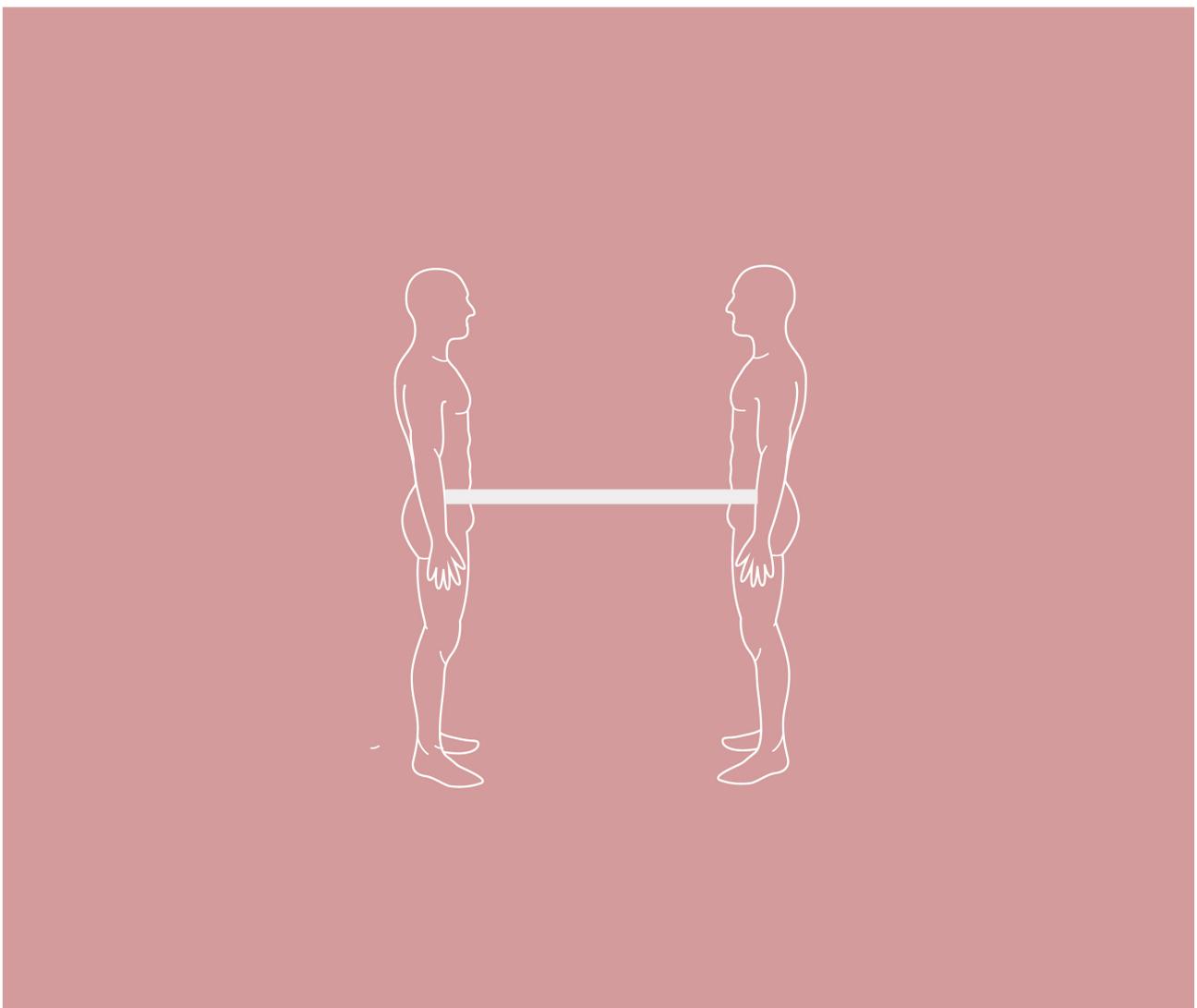
2.2.2- The horizontal tube of light method

In this method, we visualise a horizontal tube of light extending from within our source point into the source point of the other being.

Related Breath/sequence:

Theta breath, from continuum movement : this is similar to a hissing sound, but more like a “th”-like when we pronounce the word therapy. We place the tongue behind the lower front teeth and keep the teeth slightly parted and hiss the “th” sound.

I use the theta breath to draw the tube of white light from the source point to the source point of the person I’m merging with.



2.2.3- The diagonal tube of white light

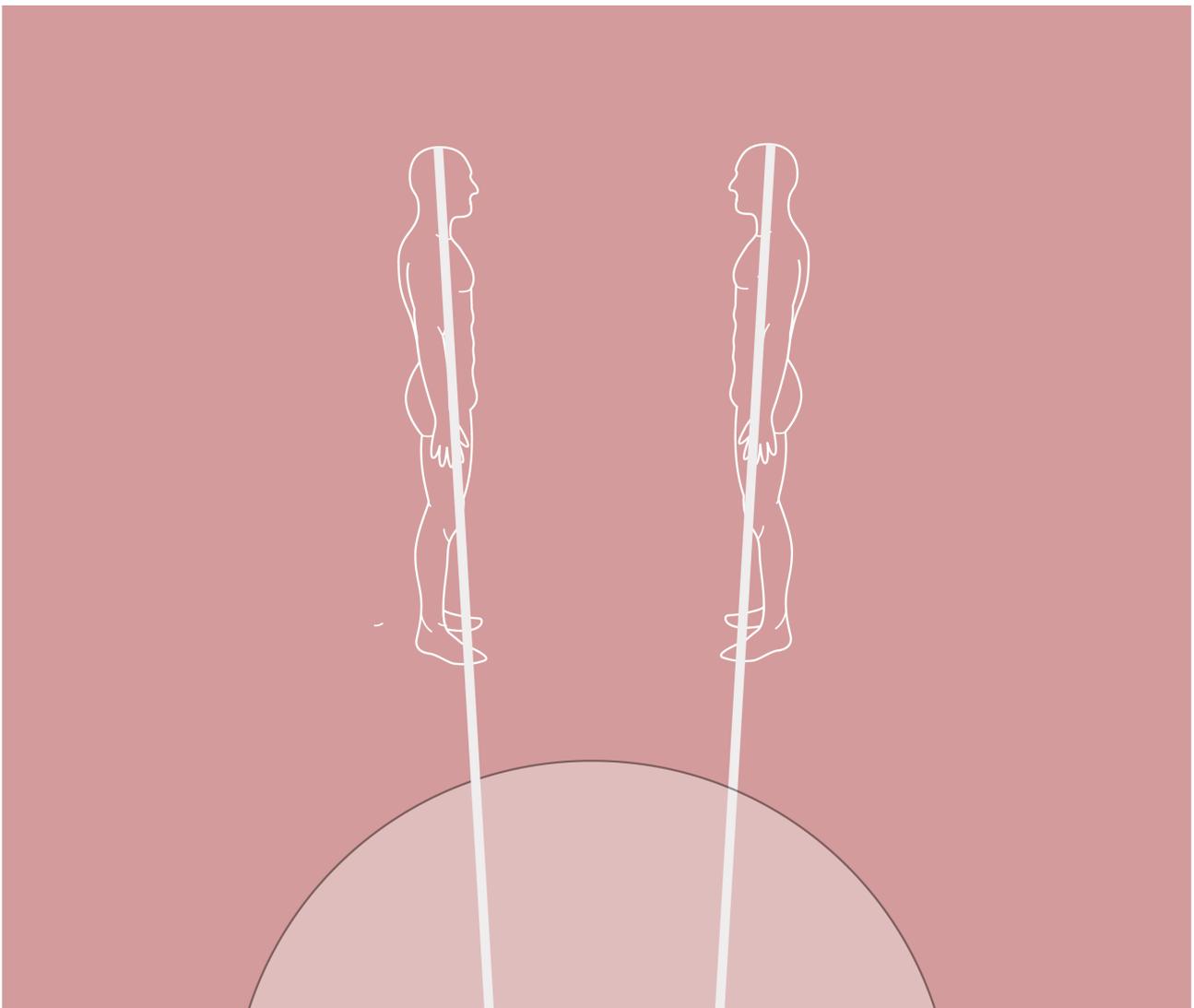
In this method, we visualise a diagonal tube of light moving from the crown of the head, through the body within our source point and then back into the earth beneath us. Then we visualise a similar tube of white light moving through the person that we're merging with and visualise that the two tubes of white light will meet in the earth.

Related Breath/sequence:

I use the theta breath and the O breath.

O' breath: Here we simply utter an O sound, not like an Om but an O.

I use the theta breath to draw the white tube of light, and then the O sound to connect into the earth.



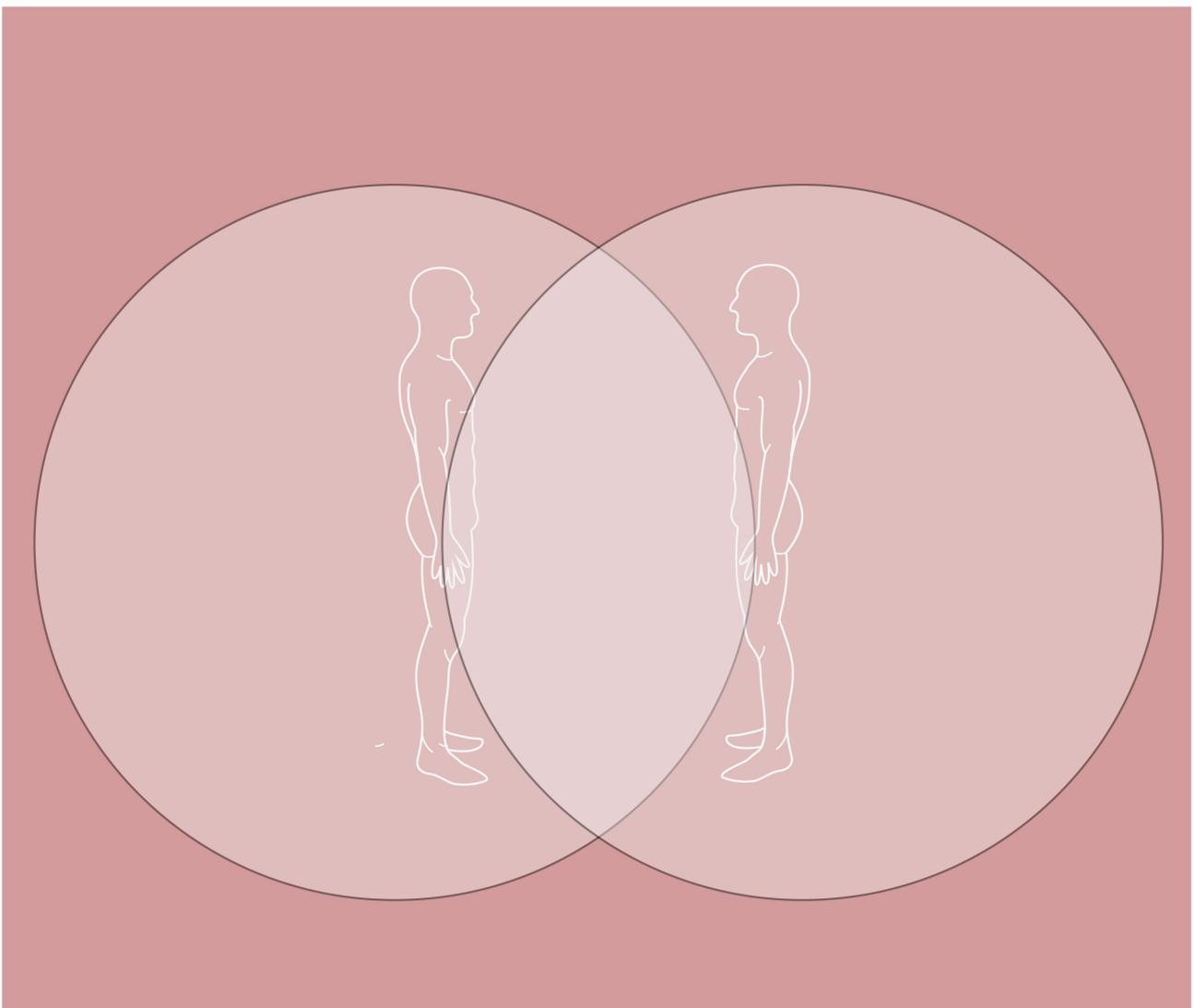
2.2.4- The egg of white light method

The egg of white light method is often a favourite for people when they first begin to engage with merging.

We visualise an egg of white light surrounding ourselves and then one surrounding the other being we are intending to merge with. When the two eggs of white light begin to merge with each other, we then become officially merged.

Related Breath/sequence:

Vessel breath: Here we keep the mouth open and inhale and exhale softly from the back of the throat. The exhale and inhale should be even. As we inhale we can imagine drawing the energy in from our source. As we exhale we can visualise it expanding out in the space around us.

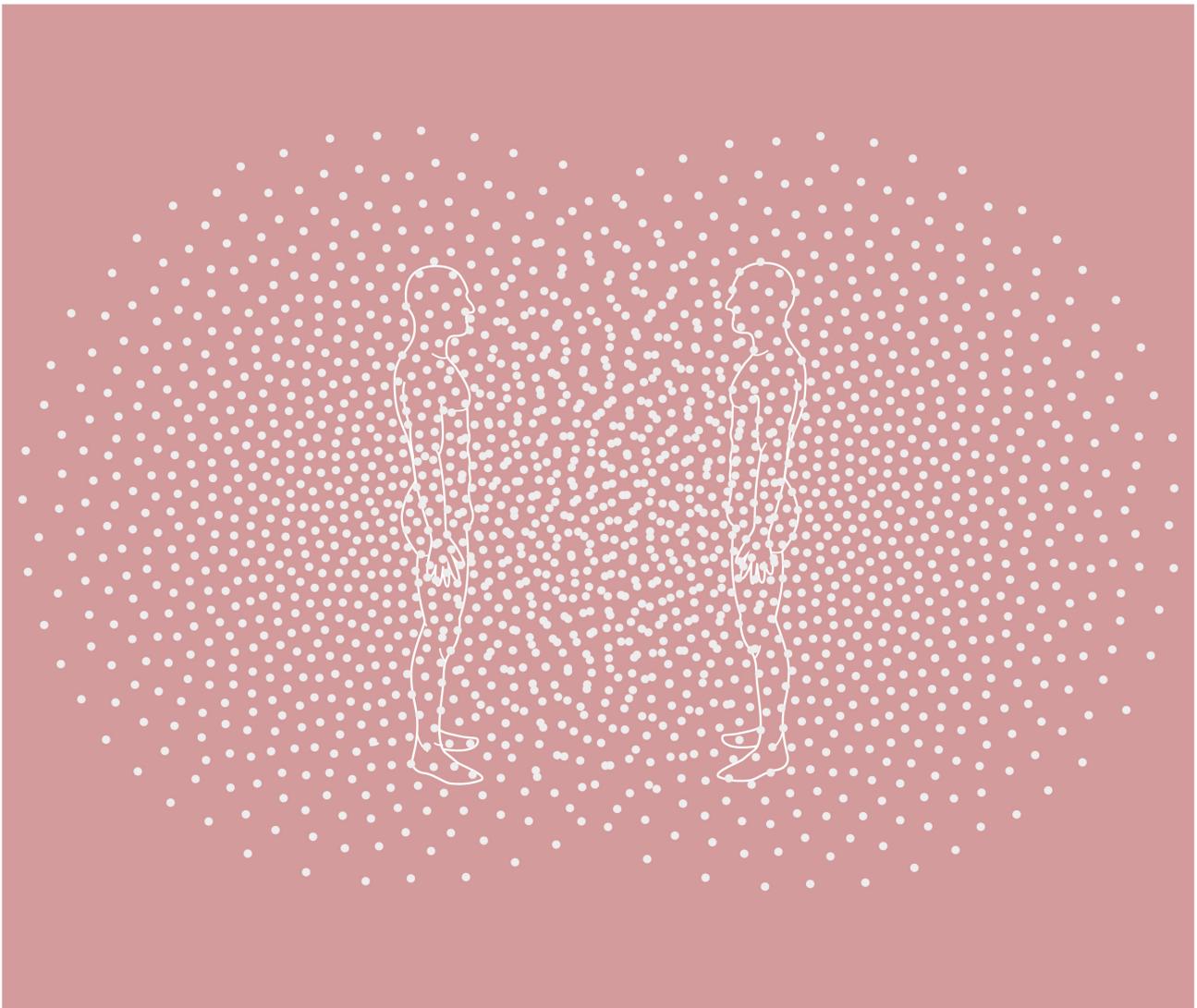


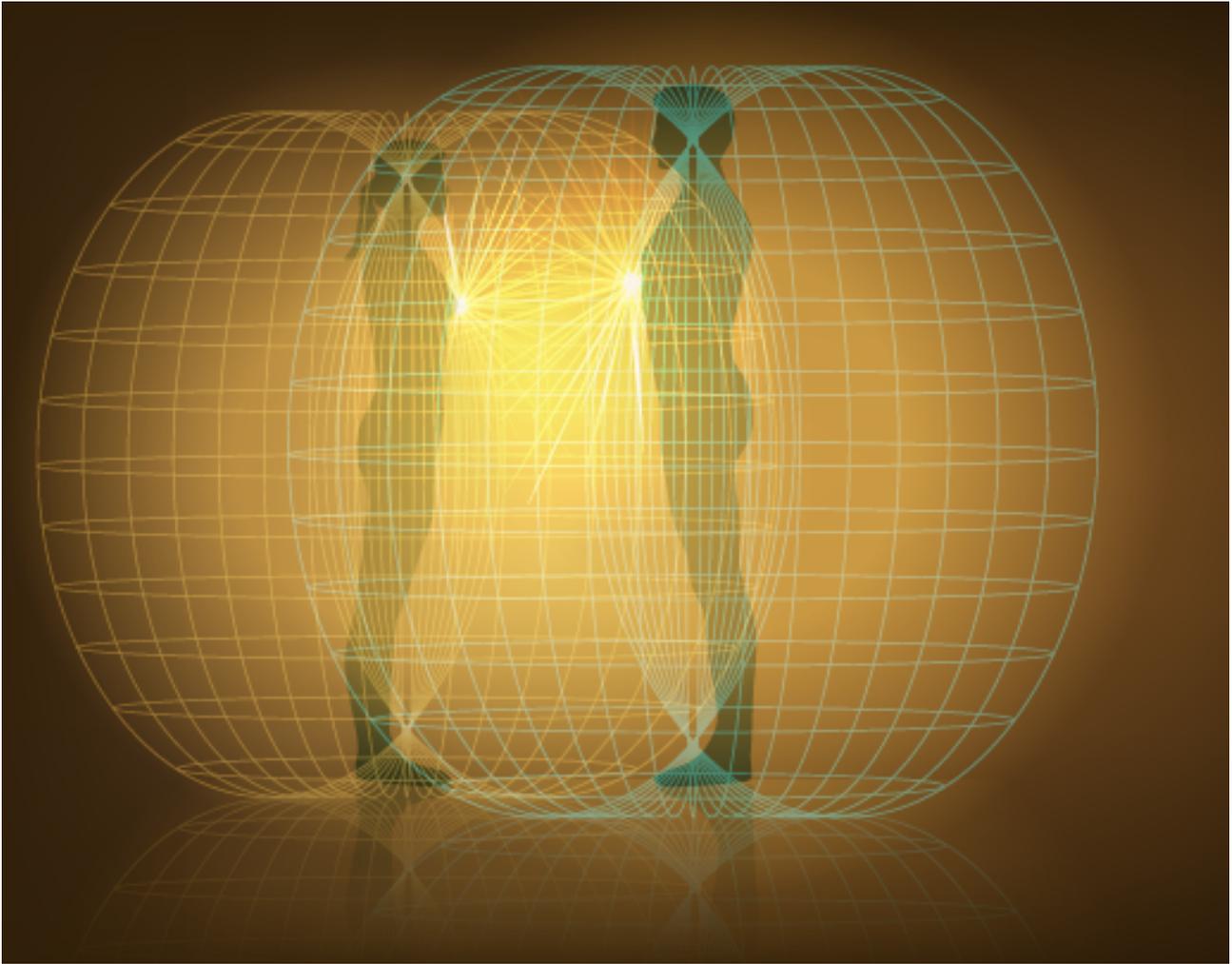
2.2.5- The dissolution of form method

In this method, visualise an egg of white light surrounding your physical body, noticing it dissolving into tiny frequencies that then merge into a field with another system.

Related Breath/sequence:

Luna breath: Here we exhale softly from the back of the throat with the mouth closed.





The benefits of merging

The more systems we merge with, the more we develop our energetic blueprint. This is because we diversify our vibratory knowingness, which helps us to increase our development.

When we merge with more developed systems than ours, we develop our energetic patterns and abilities and can then grow energetically.

These systems can include the following:

- Vortices
- Sacred sites
- Crystals
- A healer/shaman/or other
- A rinpoche

Merging for healing

To support the healing and transformation of others through energy-based methods, we first need to develop our energetic abilities. Then, by merging with other, we will automatically share our capabilities with their system. This will support their development, growth and healing.

2.2.6. A few practices of energetic merging

Once you're acquainted with the merging methods, you can then use them as you see fit to engage with others. We generally do this automatically when we begin our Mystery School sessions and intend to be at one energetically. These are pretty powerful because we are invited to merge into a field in which powerful energies are available.

You can also begin your own practices of merging with other various elements in a way that resonates with you. In the following module, we will explore the practice of dowsing. Dowsing can be used as a tool to support the merging process if needed.

Merging practices:

Besides merging in our group sessions, you can also merge in other ways such as the following:

- Merging with another participant from the group on a 1-1 basis
- Merging energetically with a friend or family member, whether they are conscious to do it or not
- Merging with someone you are engaging with "sexually"
- Merging with someone that you see an image of, or a video of
- Merging with an element of nature, a crystal, an animal or a sacred site

When I first began merging, I would plan a merge practice session in which I spent a few minutes merging with each of the following:

- A crystal
- A human being
- An animal
- An element of nature
- A sacred site

This is an excellent way to ensure we merge with various types of patterns, hence increasing our library of vibratory knowingness.

Below, I've included a set of images so that you can use to merge in the above-mentioned way. If you are going to merge with an image or a video of a person, it's preferable to do so with a person who is highly developed such as the Dalai Lama or many rinpoches.

As you're now part of the Mystery School programme, my recommendation is to merge with the energy of the available field during the time of this programme. The field of the Mystery School, that you're now familiar with, offers access to a wide library of vibratory knowingness. The more you merge with these frequencies, the more these patterns will become part of your own library. Our objective is to be one with everything in existence and the programme is built in a way that

can efficiently support that development.

If you're particularly sensitive to energies, you will feel the process of your energetic development happening in your being as it happens.

I will also remind you that in the next module, we will also discover how to use dowsing as a way to perceive it.

Visual graphic to support the practice of merging with various elements:

