

M8/I8

Module 8

Energy merging &
the eternal orgasm.

The mystery school of the orgasm field.

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1- What is Energy Merging

As seen in module 7, the objective of the energetic development presented in this course is to develop our vibratory knowingness, so it expands to its highest potential. A being that would have all the vibratory knowingness of all the beings of the entire world is a being we would refer to as God.

The more knowingness we develop, the more we can function in more primary and intrinsic planes. The ability to function in more primary planes allows us to enable change in a more primordial and sustainable way.

This module explores a practice that is the most fundamental for achieving this development: This practice of energetic merging.

Energy merging is a powerful and straightforward practice: We simply intend to become one energetically with another being. When this happens, we begin to vibrate energetically like the other being. We perceive the energetic patterns of the other person, after which our being will essentially add the other being's energetic patterns to our own. This is how our library of vibratory beingness grows.

Defining vibration:

As everything is energy, every being is a field of frequencies that unite to create a pattern that moves, vibrates, and oscillates. Vibration is the rhythm at which the frequencies oscillate, move together to form a system.

Vibration makes a specific pattern manifest into one form, while a different vibration will manifest frequencies into another form.

Beings that have consciousness can intend. As intentional beings, we can intend to vibrate like another system.

When we merge energetically with another system, it means our being is intending to vibrate like it, to "be one with it."

When merging happens, the energetic abilities available to one are available to both systems for the time of the merge. The more time two systems spend merging together, the more they can access the same level of abilities. After a certain length of time in the merging process, the capabilities become a permanent part of our energetic blueprint, our library of vibratory knowingness.

The more we merge energetically, the more our vibratory knowingness increases.

The more we develop our energetic abilities, the more we can vibrate like more beings. The Knowledge being is the being that has access to all the vibratory patterns in existence. It has the most powerful capability for intention and manifestation of any being.

The more we develop our vibratory knowingness, the more we can function in other dimensions, the more we can transform ourselves and support the transformation of others.

When we speak about energetic merging, concerns will often arise relating to what is considered energetic “draining.”

People who generally identify as empaths will often be concerned that they feel drained when they connect energetically with others, like others are “sucking” their energy. In these cases, they will often resort to energetic protection and shielding methods to keep their field clear of draining energies, or what we often refer to as “negative” energies, from entering their field.

This is different from what we are talking about in this module. An empath will lose their energetic patterns to take on another person’s energetic patterns. In the case of the merging we are exploring here, the invitation is to keep our own patterns while adding on those of others.

The more energetically developed we become, the more it becomes easy for us to stay grounded in our own frequency and transmute the other energies we engage with. So-called “negative” energies can come into alignment with our help. Therefore, methods of energetic protection become less necessary when we develop more abilities to transmute energies that engage with our field.

2- How do we merge energetically.

2.1- Through the orgasm:

The number one way that we merge energetically as humans is through the orgasm.

When orgasm occurs, whoever is involved in the exchange merges energetically together.

If a person has an orgasm on their own, they will automatically merge energies with anyone within their field of awareness.

Energetic merging is one of the three things that automatically happen when we have an orgasm.

Reminder:

When we have an orgasm we:

- 1- become one energetically with anyone involved or anyone in our field of awareness
- 2- gain access to more intrinsic planes and realms
- 3- get access to more energy.

It is important to note that the definition of the orgasm in this course expands well beyond our common cultural ideas.

In the 1960s, the duo of scientists Masters and Johnson published a revolutionary study on human sexual responses in which they defined the orgasm as a physiological occurrence that principally involves contractions in the pelvic floor muscles. Since then, we have mainly referred to the orgasm as a physiological occurrence, relating primarily to ejaculation, increased heart rate, etc.

The work of Mantak Chia, especially with his 1990's book the multi-orgasmic man, was revolutionary as it invited western men to begin exploring the orgasm beyond ejaculation.

When a physiological orgasm occurs, what is called an energetic orgasm occurs automatically as well. The great news is that once we separate the energetic orgasm from the ejaculation, we begin our journey to expand our experience of orgasms so we can have them at various times beyond the average sexual experience.

Generally, the average man spends 10 seconds in orgasm—the average woman 20 seconds.

By understanding the orgasm as an energetic occurrence, we could technically be in orgasm 24h / day and 7 days/week.

2.1.2- Redefining the orgasm:

I define the orgasm in the following way:

The orgasm is a spontaneous occurrence expressed in our being, managed by the autonomic nervous system, that occurs as a result of a sexual act, with other(s) or alone.

I also define sexual act in the following way:

A sexual act is an act in which a being has access to more intrinsic and primary types of energy, either with themselves or with another being. The other being can be an elements form, a being that doesn't have a consciousness, such as an element of nature, as well as a human being, which does have a consciousness.

When we begin to see sexuality this way, we genuinely experience its intrinsic nature and its importance on our growth and development. What we generally define as sexuality is simply a genital sexual act of physiological connection.

Sexuality is an energetic act.

Energetic merging becomes a sexual act, and the practice of "orgasming" becomes a practice of energetic merging.

We have seen previously that Kenneth Ray Stubbs spoke about our ability to have orgasms with 4 different bodies: the physical body, the light body, the soul body, and the spirit body.

In 1991, Kenneth Ray Stubbs wrote *Sacred Orgasms*, a revolutionary book on this topic which I highly recommend.

I have explored 6 different types of orgasms in my own practice, which form the journey to the highest orgasmic potential.

These 6 types of orgasms relate to the 6 types of energy we have seen in the previous module.

2.1.2.1- The live energy orgasm:

The live energy orgasm is similar to the physical body orgasm.

It is what we usually refer to as an orgasm in our general culture.

2.1.2.2- The elemental energy orgasm:

Elemental energy orgasms are what I often refer to as a full-body orgasm. These expand beyond the genital area and begin to engage the meridian system to work more intrinsically and in a more integrated way to help us harness the power of the orgasm.

Physiologically, we experience tingling and intense sensations across the entire physical body.

2.1.2.3- The light energy orgasm

The light energy orgasm is what I generally refer to as the light body orgasm. It moves beyond the sexual centres and even beyond the physical body. Our sexual energy begins to engage with our energetic structures, such as the energy core and the source point.

Physiologically, it is experienced as spontaneous and apparently involuntary ripples moving across the body. We also begin to experience our physical form transmuting, i.e.: becoming less dense.

We then experience the space around us transmuting to be more potent and supportive.

This orgasm can involve genital activity but also can occur without it. It is generally the result of some type of practice, either genital stimulation on its own or other breath, movement, and touch techniques such as the ones we do in this course. There are specific practices, such as some we have seen in our training, which support this type of orgasm.

2.1.2.4- The life force energy orgasm

Similar to the light energy orgasm, the life force energy orgasm is also a spontaneous, energetic occurrence that can include genitals activity or not.

While the light energy orgasm focuses more on our engagement to the outer world and how we engage with the space around us, in the life force energy orgasm, our energy turns inwards and harnesses itself.

The potency of the orgasm then increases internally, so much so that it eventually radiates outwards into the world. Its release is effortless and continues to happen while our focus remains inwards.

There are specific elements of practice we use which allow us to generate this type of orgasm.

It also can involve genital stimulation or not.

This is the last type of orgasm in which masculine and feminine energies are differentiated. From here onwards, the orgasms hold a certain neutrality in which the polarised energies are merged into one.

In the life-force energy orgasm, we also begin to experience death/birth at an energetic level in our being.

2.1.2.5- The source energy orgasm

The source energy orgasm relates to an expression of spontaneous and involuntary movements that occur when we come into contact with energy fields that vibrate at the frequency of source or more intrinsic than source (i.e., Pure energy). This includes many sacred sites, energy power spots, teachers, rinpoches, and shamans. The way it manifests in the body and being can feel similar to the light energy

orgasm or the life force energy orgasm; however, it happens only by merging energies with a highly developed person, a being, or a site.

As we develop energetically, we can support others in engaging in source energy orgasms simply by focusing on them. I mentioned in a previous module how in my first shamanic energy workshops, I would simply focus on a room of participants who were invited to lie down and do nothing.

They would naturally and spontaneously express spontaneous micro-movements and movements such as ripples, twitches, waves, convulsions etc.

This is what I refer to as a source energy orgasm.

The experience I previously described that I experienced after visiting a temple in Bangkok can also be considered a source energy orgasm.

When we log into our group sessions and movements start to happen simply by being in the field, these qualify as source energy orgasms.

2.1.2.6- Pure energy orgasm

The pure energy orgasm is similar to what I previously referred to as a soul-body orgasm. It is a spontaneous occurrence in which people feel they are dissolving into oneness with everything in existence. It is unique because it is the only of the 6 types of orgasms that aren't the result of any practice or focus on anything external. I have experienced the pure energy orgasm twice in my life. I have understood it as entirely out of our control and happens when it is meant to happen. It finds us when we are meant to experience it,

It can happen as a result of deep personal work being done for an extended period.

By continuing to experience the practices of this course, for instance, a pure energy orgasm can likely take place.

This way of defining the orgasm offers us a road map to understanding how the orgasm can evolve into an experience that can be our highest spiritual practice.

The practice of achieving multiple orgasms, such as the one presented by Mantak Chia, is necessary to begin to move from the live energy orgasm into the elemental energy and light energy orgasms.

The other practices we use can help us move towards the other types of orgasms.

The healing power of orgasms.

In summary, the orgasm is an occurrence in which beings have access to more intrinsic energies, either alone, with another, or even with an element form, non-human beings.

We merge energies with the other or with a greater realm which means we grow energetically. When we hold a certain level of energetic development, such as the one supported by this programme, our orgasms can then be used as a tool for supporting the healing and transformation of others.

2.2- Energetic merging: Practices of focused intention.

While energetic merging takes place when we have orgasms such as the ones described in the previous module, there are also ways that we can intentionally merge energetically with others to support a process of transformation and healing.

These simple practices require us to use our focus, perception, concentration, intention, and energetic abilities. These are much more beneficial, yield much better results when one has reached a certain level of energetic development.

Reminder from previous modules: the more developed we are, the more we have the ability to merge with more beings, our library of vibratory knowingness is larger.

Remember, the Knowledge being is the being that has access to all the vibratory patterns in existence. It is the closest thing to God. It has the most powerful capability for intention and manifestation of any being.

In energetic merging, our abilities become available to others. The more time they spend in connection to us, the more these become permanent for them.

Energetic merging practices, therefore, have two roles: for us to develop energetically, as we focus on fields of more intrinsic energy.

Or to support the healing and transformation of others.

Practices of energetic merging.

There are 5 methods for energetic merging which can be used in a focused way. They are the following:

1. The source point method
2. The horizontal tube of light method
3. The diagonal tube of light method
4. The egg of white light method
5. The dissolving being method

2.2.1- The source point method:

Focus on the other person via the source point. The source point is the tiny point the size of a pea located 3-4 fingers underneath the navel and halfway into the depth of the body.

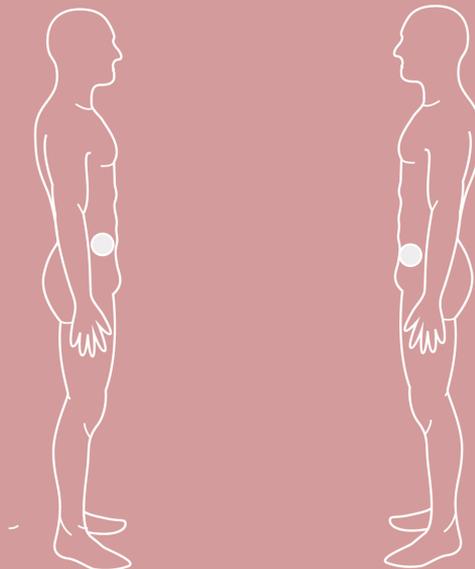
I generally engage with whatever I am merging with as if I saw it through the eye of the source point. When learning to merge, I usually recommend people use a specific breath combination to help keep the focus on the element, as being focused can be a challenge, especially in our increasingly distracted world.

In the source point method, I recommend the following related breath sequence:

Hoo breath + Vessel breath

Hoo breath: this is the one when we purse the lips together as if we are going to blow candles on a cake. We inhale and exhale in a way that the in and out-breaths are even. We blow in and out.

Vessel breath: this is the one where we keep the mouth open and inhale and exhale from the back of the throat.



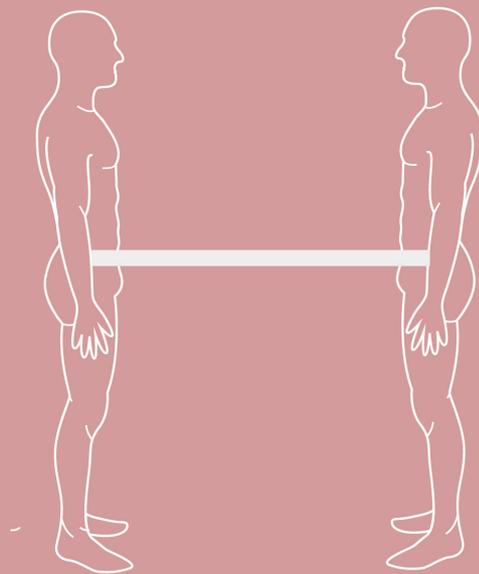
2.2.2- The horizontal tube of light method

In this method, we visualise a horizontal tube of light extending from within our source point into the source point of the other being.

Related Breath/ sequence

Theta breath: this is the one similar to a hissing sound, but more like a “th”- like therapy. We place the tongue behind the lower front teeth and keep the teeth slightly parted and hiss the “th” sound. I usually use the theta breath to draw the tube of white light from the source point to the source point of the person I am merging with.

Vessel breath : this is the one where we keep the mouth open and inhale and exhale from the back of the throat.



2.2.3- The diagonal tube of white light

In this method, we visualise a diagonal tube of light moving from the crown of the head, through the body within our source point then into the Earth beneath us. We visualise a similar tube of white light moving through the person we are merging with and visualise that the two tubes of white light will meet in the earth.

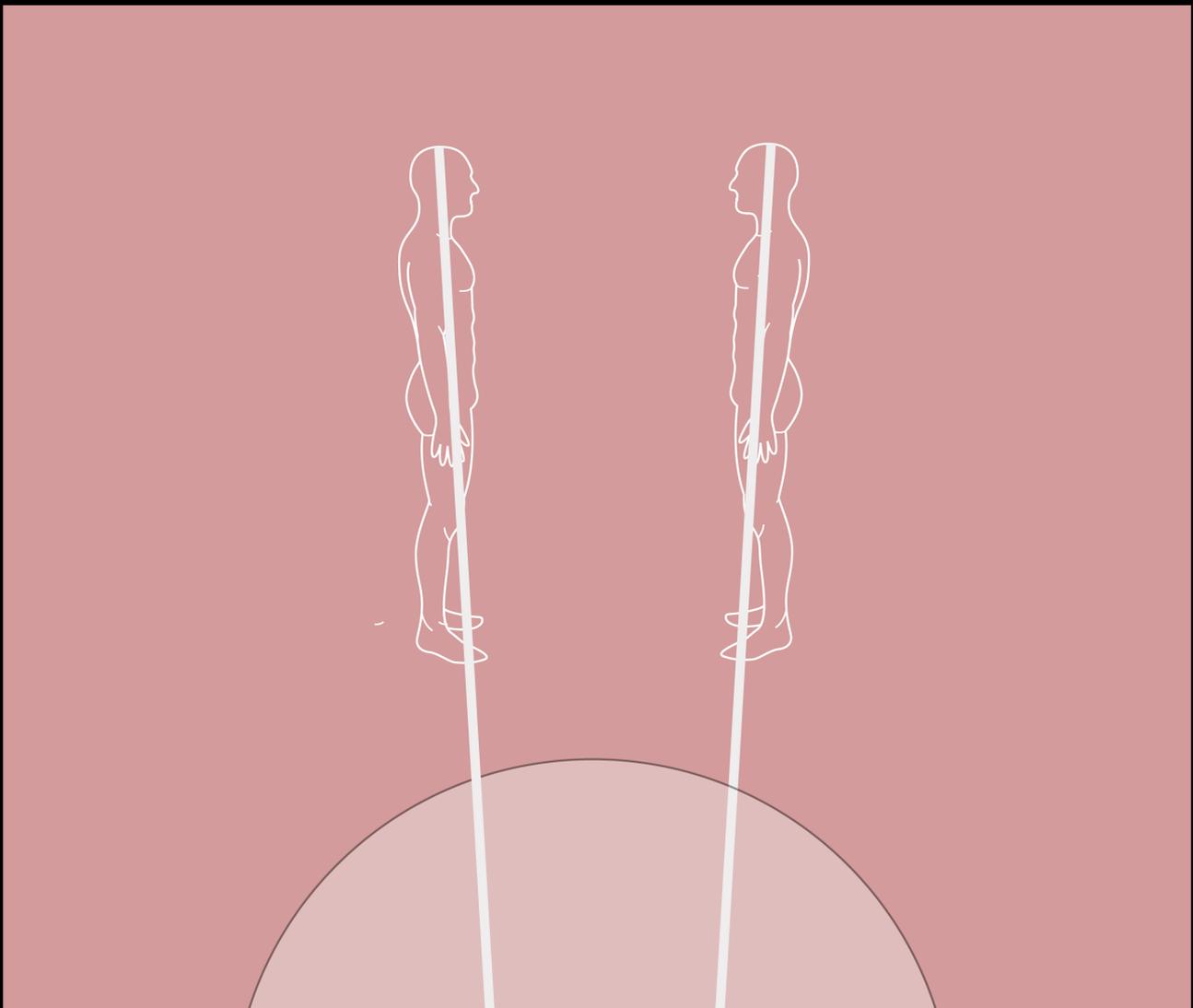
Related Breath/ sequence

Theta breath: this is similar to a hissing sound, but more like a “th”- like therapy. We place the tongue behind the lower front teeth and keep the teeth slightly parted and hiss the “th” sound.

O’ breath: this is the one where simply utter an O sound, not like an Om but an O.

Vessel breath: this is the one where we keep the mouth open and inhale and exhale from the back of the throat.

I use the theta breath to draw the white tube of light, the O sound to connect into the earth, and then the vessel breath to complete the connection when it is done.



2.2.4- The egg of white light method

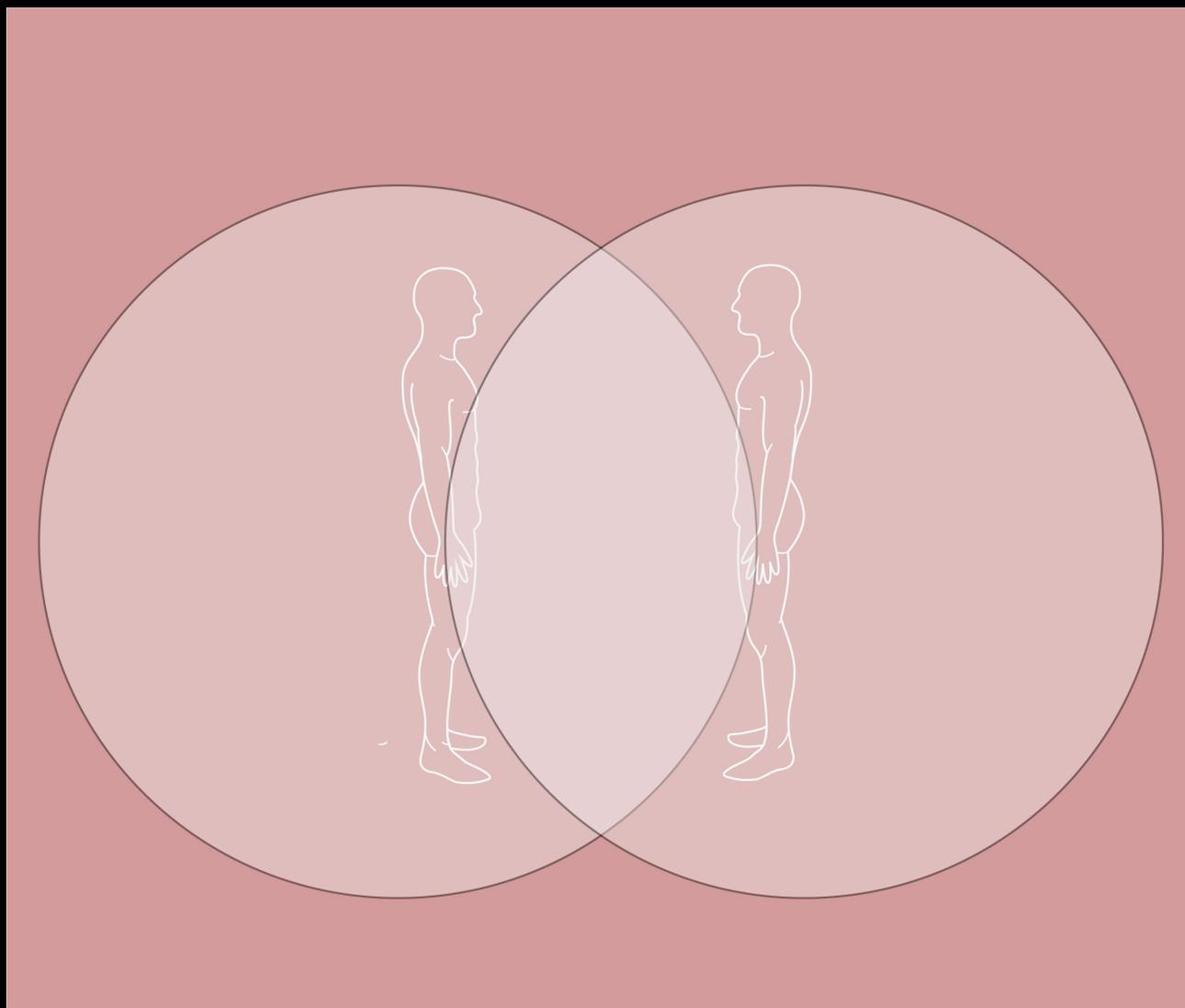
This tends to be a favourite method for many people when they first engage with merging.

We visualise an egg of white light surrounding ourselves and then one surrounding the other being we are merging with. When the two eggs of white light begin to merge with each other, we are merged.

Related Breath/ sequence

Vessel breath: this is the one where we keep the mouth open and inhale and exhale from the back of the throat.

Cave breath: this is where we keep the mouth open and release a long exhale from the back of the throat.



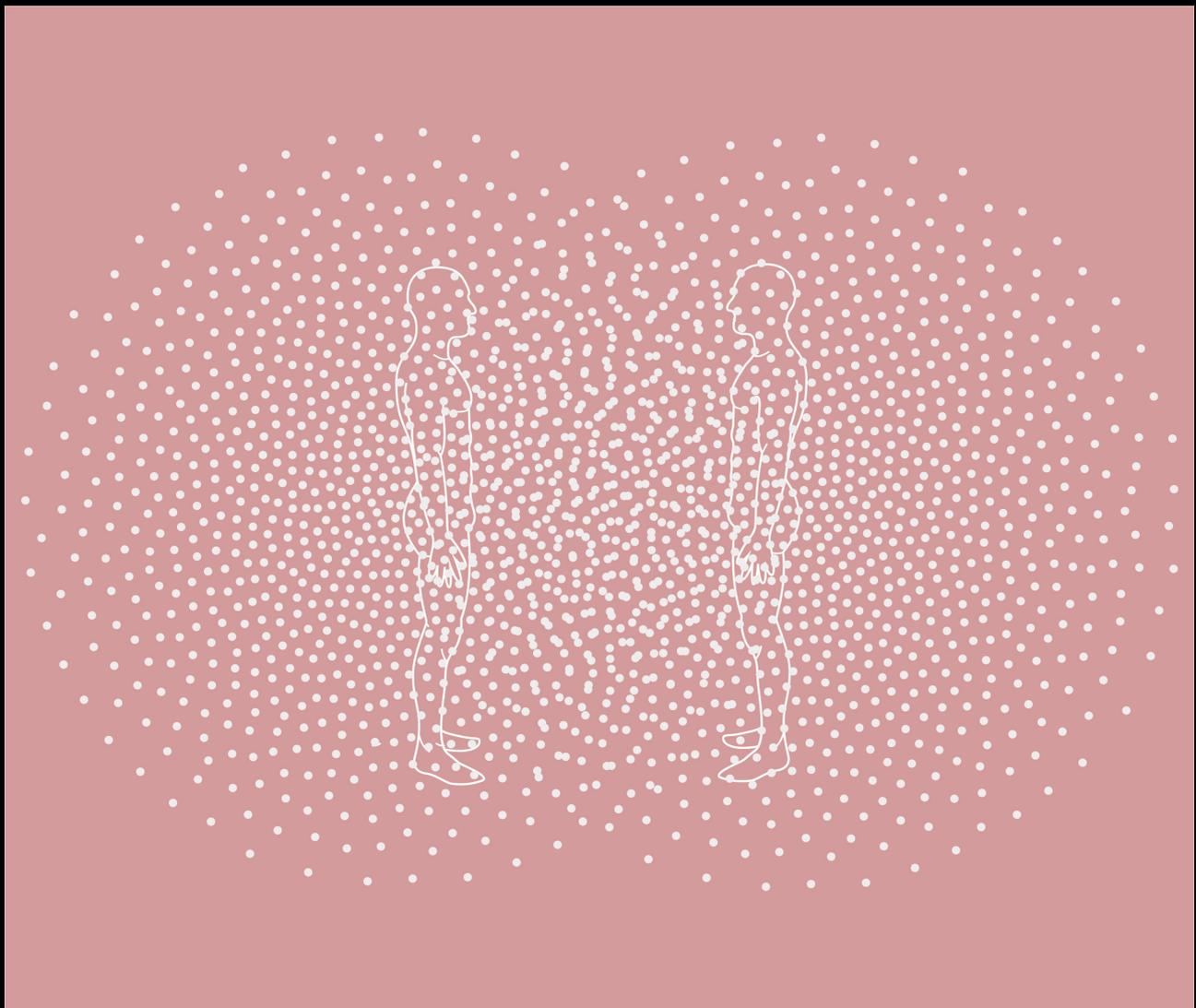
2.2.5- The dissolution of form method

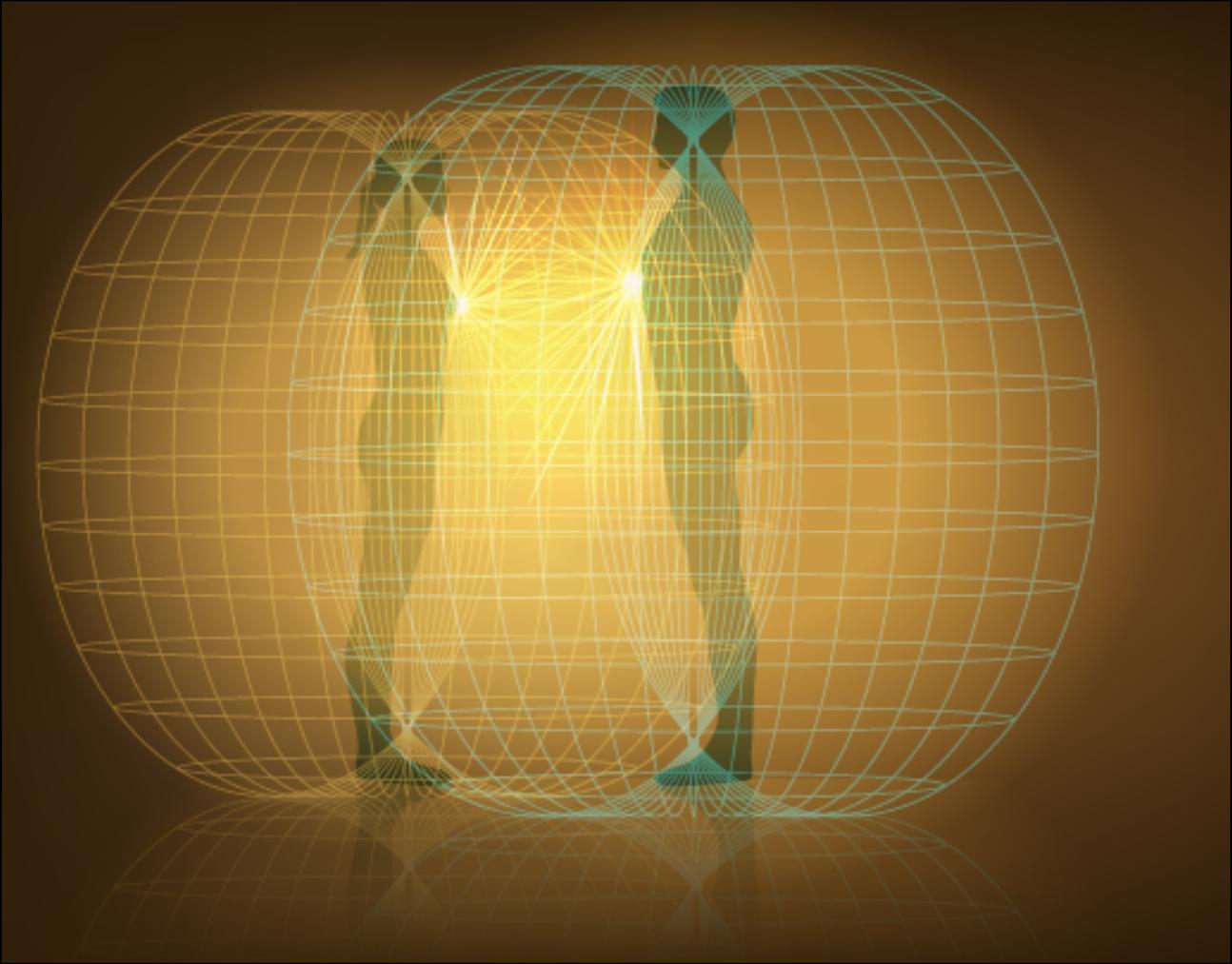
Visualising an egg of white light surrounding your physical body, noticing it dissolving into tiny frequencies that merge into a field with another system.

Related Breath/ sequence

Lunar breath: this is the one where we exhale softly from the back of the throat with the mouth closed.

Vessel breath: this is the one where we keep the mouth open and inhale and exhale from the back of the throat.





The benefits of merging

The more systems we merge with, the more we develop our energetic blueprint, diversifying our vibratory knowingness and increasing our development.

When we merge with more developed systems than ours, we develop our energetic patterns and abilities and grow.

These can include the following:

- Vortices
- Sacred sites
- Crystals
- a healer/shaman
- a rinpoche

Merging for healing

To heal others, we need to develop our energetic abilities, and then by merging with people, we will be sharing our capabilities with their system. This will support their development, growth, and healing.

2.2.6. A few practices of energetic merging

Once you get acquainted with the merging methods, you can start to use them as you engage with others. We generally do this automatically when we begin our mystery school sessions and intend to be one energetically.

These are pretty powerful because we are invited to merge into a field in which powerful energies are available.

You can also create your own practices of merging with various elements in a way that resonates with you. In the following module, we will explore the practice of dowsing. Dowsing can be used as a tool to support the merging process if needed.

Merging practices:

Asides from merging in our groups, you can also merge in other ways such as the following:

- Merging with another participant from the group on a 1-1 basis
- Merging energetically with any friend or family member, whether they are conscious of it or not
- Merging with someone you are engaging with “sexually.”
- Merging with someone that you see an image of, or a video of
- Merging with an element of nature, a crystal, an animal, or a sacred site

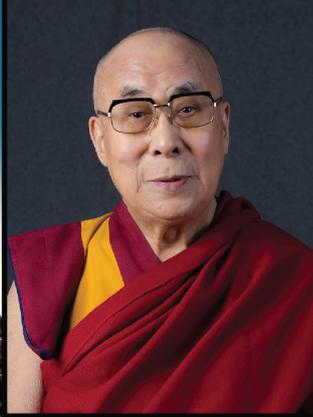
When I first began merging a few years ago, I would plan merge practice sessions in which I spent a few minutes merging with each of the following:

- A crystal
- A human being
- An animal
- An element of nature
- A sacred site

This is an excellent way to ensure we merge with various types of patterns, hence increasing our library of vibratory knowingness.

Below here, I have included an image that you can use to merge in this way.

If you are going to merge with an image or a video of a person, it is preferable to do so with a person who is highly developed such as the Dalai Lama or many rinpoches.



Being part of the mystery school programme, my recommendation is to merge with the energy of the available field during the time of this programme.

This field we are familiar with offers access to a wide library of vibratory knowingness. The more you merge with these frequencies, the more these patterns will become part of your own library. Our objective is to be one with everything in existence, and the programme is built in a way that can efficiently support that development.

If you are particularly sensitive to energies, you can feel this happening, the process of your energetic development happening in your being as it happens.

We will also see in future modules how to use dowsing as a way to perceive it.

